

HELP PUT HEALTHY FOOD ON YOUR TABLE

Get the Facts About SNAP

Having trouble stretching your food budget? Persons with disabilities may qualify for nutrition programs such as SNAP (Supplemental Nutrition Assistance Program) that can provide several hundred dollars a month to help you put healthy food on your table.*



Do You Qualify?

For persons receiving certain types of disability payments** to qualify for SNAP:

YOU DO NEED

- To meet net monthly household income requirements (after deductions) — up to \$908 for 1-person household and up to \$3,136 for an 8-person household.
- You can deduct any allowable monthly medical expenses over \$35 from your gross income that are not paid for by an insurance company or someone who is not a member of the household.

- To have less than \$2,000 in countable resources (bank account, savings) or less than \$3,250 in countable resources if one person in the household has a disability or is elderly.

YOU DO NOT NEED

- To be married.
- To have children.
- To give up your other federal public benefits to get SNAP.*

* In the state of California, the SNAP benefit is in the SSI State Supplement.

** If you are aged, blind or disabled under the definition of disability for Social Security.



Online: www.realeconomicimpact.org
or www.thebeehive.org/snap



Onsite: Call 2-1-1

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